

Frozen Yogurt Bark



Ingredients:

- 2 lb container of vanilla yogurt
- 3 cups of fresh fruit
 - 1.5 cups of strawberries
 - 1.5 cups of kiwi
- Sprinkles (optional)

Instructions:

1. Dice fruit.
2. Place a piece of parchment paper over a baking sheet.
3. Spoon and spread yogurt to 1/2 inch thickness.
4. Top with fruit and sprinkles.
5. Freeze for 3 hours.
6. Remove from freezer and break apart into bark pieces.
7. Place uneaten bark into a freezer-safe bag and refreeze for up to one week.

Total time: Active Prep: 15 minutes; Freeze: 3 hours

Serves: 5